

# Westchester Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

[www.wgps.org](http://www.wgps.org)

Westchester Group Psychotherapy Society (WGPS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0310.

Westchester Group Psychotherapy Society announces a Special Workshop by **Mary Sussillo, LCSW, CGP, FAGPA** on **“Coming Alive with Your Tribe: Mourning Loss in Group”**

## Description:

This workshop will explore the range of feelings in the mourning process, including alienation, disorientation, despair, intense longing, panic, otherness, rage and reawakening. Newer understandings of grief will be examined. The transformative power of group in dealing with loss will be highlighted. Concepts will be illustrated through brief readings from the comedian, Billie Crystal's book, *700 Sundays*, discussion, and an experiential demo group.

## Learning Objectives:

Participants will be able to:

1. Cite and discuss the newer understandings of the mourning process.
2. Discuss the dual process of mourning—“letting go” and “holding on”.
3. Describe the role of continuing healthy bonds with the dead.

## Presenter:

**Mary Sussillo, LCSW, CGP, FAGPA** is the Director, Center for Bereavement, Manhattan; Adjunct Faculty and Supervisor, National Institute for the Psychotherapies Training Institute (NIPTI); Faculty, Center for Group Studies, and Eastern Group Psychotherapy Society (EGPS) Training Program; Former Board Member, EGPS & American Group Psychotherapy Association; Coeditor Emeritus, *Psychoanalytic Perspectives: An International Journal of Integration and Innovation*.

Sussillo is a psychotherapist with a practice of individuals, groups and couples. She has a bereavement & loss specialty with a focus on the adult treatment of childhood parental loss. Sussillo conducts a generic psychodynamic group, and a group for Parental Loss. She has authored, “Beyond the Grave—‘Letting Go’ and ‘Holding On’: Adult Treatment of Adolescent Parental Loss”, *Psychoanalytic Dialogues*, 2005, 15(4). Sussillo has also conducted bereavement workshops internationally for professional groups. She was born in Newfoundland and is an avid landscape oil painter.

hosted by

┌ **NewYork-Presbyterian**  
└ **Westchester Division**

This presentation will be held on **February 2, 2018** from 10:00 am to 4:00 pm at **New York Presbyterian Hospital, Staff Annex 2, 21 Bloomingdale Road, White Plains, NY 10605.**

This presentation is free for WGPS Members, **\$40 Non-Members, and \$25 NYPH Employees, Students or New Professionals.** Scholarships available and lunch is included. **5 Contact Hour/CE credits are available to LMSWs and LCSWs upon completion of registration, attendance to entire workshop, license presentation, and payment.** Course evaluation will occur from 4:00pm-4:15pm.

To reserve a seat, please contact Dr. Gloria Batkin Kahn at (914) 428-0957 or [globatkahn@gmail.com](mailto:globatkahn@gmail.com)