

**Ψ WESTCHESTER CENTER FOR PSYCHOLOGICAL EDUCATION**

Chartered by the New York State Department of Education  
Affiliated with the Westchester County Psychological Association, Inc.

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**Westchester Group Psychotherapy Society**

<http://www.wgps.org/>

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**THE WESTCHESTER CENTER FOR PSYCHOLOGICAL EDUCATION**

*and*

**THE WESTCHESTER GROUP PSYCHOTHERAPY SOCIETY**

*are co-sponsoring a conference on*

**VIOLENCE**

**FRIDAY, APRIL 7, 2017**

**9:00 a.m. to 5:00 p.m.**

**Hosted by**

**NY PRESBYTERIAN HOSPITAL, WESTCHESTER DIVISION**

**CORNELL PSYCHIATRY**

 **New York- Presbyterian**

**STAFF CONFERENCE CENTER ANNEX 2**

**Bloomingdale Road, White Plains NY**

*(This is a handicap accessible facility, however, visual and hearing aids will not be provided)*

**\$70.00 for WCPA and WGPS members**

**\$25.00 NY Presbyterian Staff Members and Students**

**\$85.00 for non-members**

- 9:00 Registration, Networking, bagels, coffee
- 10:00 Welcoming remarks by WCPA President, Kenneth E. Reinhard, PhD, ABPP, CGP and WGPS President, Leo M. Leiderman, Psy.D., ABPP, CGP, FAGPA
- 10:10 Intro. of Keynote by Gloria Batkin Kahn, Ed.D., ABPP, CGP, FAGPA, Past President of WCPA, WGPS.
- 10:15-11:15 Keynote, including Q&A and discussion (Robert H. Klein, Ph.D, ABPP, FAPA, DLFAGPA, CGP and Victor L. Schermer, MA, LFAGPA)
- 11:15- 12:15 Raymond A. DiGiuseppe, Ph.D., ABPP
- 12:15-1:00 Eliza A. Dragowski, Ph.D.
- 1:00- 2:00 Lunch, Networking and Book signing
- 2:00- 2:45 Richard Beck, LCSW, BCD, CGP, FAGPA
- 2:45-3:30 Fishbowl Demo Group (Bob Klein and Vic Schermer)
- 3:30-3:45 Wrap up of Demo Group (Bob Klein and Vic Schermer)
- 3:45- 4:45 Panel Discussion and Q&A:  
Moderator: Leo Leiderman  
Panelists: Bob Klein, Vic Schermer, Ray A. DiGiuseppe, Richard Beck, Ada Dragowski.

**Title:** Covert Violence in Society and Psychotherapy

**Presenters:** Robert H. Klein, Ph.D., ABPP, FAPA, DLFAGPA, CGP and Victor L. Schermer, MA, LFAGPA



**Description:** The anger, scapegoating, and disregard for others that we see in our patients and groups mirror patterns of broader social violence. The covert violence of words, social institutions, privilege and hostile human relations is hurtful in itself and also leads all too often to physical violence. We will discuss forms and causes of the high incidence of covert and overt violence in contemporary society, and how these manifest in the psychotherapy situation. We will explore the role of social justice, language and silence, social and family norms and expectations, and ways in which psychotherapy may perpetuate or ameliorate violent outcomes in our patients and those around them.

**Learning Objectives:**

Participants will be able to:

1. Identify three forms of covert violence in society and psychotherapy situations.
2. Rate on a scale of 1 to 10 the levels of covert violence that exist in their current clinical practices.
3. List three features of psychotherapy that can ameliorate potential violence and can be applied to problems of violence in society.

**Robert H. Klein, Ph.D., ABPP, FAPA, DLFAGPA, CGP** has been a faculty member at the Yale School of Medicine, New Haven, CT. for more than 35 years. A Fellow of the American Psychological Association and Diplomate in Group Psychology, he is Past President and Distinguished Life Fellow of the American Group Psychotherapy Association (AGPA), and Founding Member of the National Registry of Certified Group Psychotherapists.

Dr. Klein is a recognized expert in the area of group psychotherapy who lectures, consults and supervises both nationally and internationally. The author of more than 100 publications, plus co-author/co-editor of seven books, he maintains a private clinical practice with offices in Westport and Milford, CT.

**Victor L. Schermer, MA, LFAGPA** is a psychologist in private practice in Philadelphia, PA. He is a Life Fellow of the American Group Psychotherapy Association. Schermer has co-authored/co-edited eight books, been guest editor for six special editions of group psychotherapy journals, and written over 40 articles and reviews in group psychotherapy and other subjects. He is a frequent presenter of lectures, workshops, and panels internationally. In 2006, he gave the Annual S.H. Foulkes Lecture for the Group Analytic Society in London.

Klein & Schermer co-edited two special editions of the *International Journal of Group Psychotherapy*: *Toward Understanding and Treating Violence in America: Some Contributions from Group Dynamic and Group Therapy Perspectives* (65, 1,2; 2015). Republished in book form, *Violence in America* (Routledge, December 2016).

Their book version of "Violence in America" (re-publication of the journal articles) just came out. Attached is the link for info, details, and how to order:

<https://www.routledge.com/Violence-in-America-Group-therapists-reflect-on-causes-and-solutions/Klein-Schermer/p/book/9781138231238>

Klein & Schermer have also co-edited 3 other books together:

*Group Psychotherapy for Psychological Trauma*  
*Leadership in a Changing World*  
*On Becoming a Psychotherapist*

## **References:**

Klein, R.H. and Schermer, V. L. (2017). *Violence in America: Group Therapists Reflect on Causes and Solutions*. London: Routledge.

Campbell J.C., Glass N., Sharps P.W., Laughon K., Bloom T. (2007) Intimate partner homicide: Review and implications of research and policy. *Trauma Violence and Abuse* 8(3): 246-69.

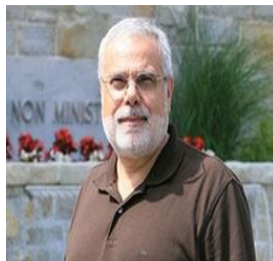
Casoni, D, and Brunet, L. (2007). The psychodynamics that lead to violence: Part 2: The case of “ordinary” people involved in mass violence. *Canadian Journal of Psychoanalysis*, 15: 261-280.

Kim, Y. and Leventhal, B. (2008) Bullying and suicide: A review. *International Journal of Adolescent Medical Health*, Aril-June, 2012), 133-154.

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**Title:** What Works and What is Missing In the Treatments of Anger and Aggression

**Presenter:** Raymond DiGiuseppe, PhD, ABPP



**Description:** A growing literature has informed us on which interventions have support treating anger and aggression. This literature will be briefly discussed. Many researchers have borrowed cognitive behavioral interventions directly from the CBT treatment of anxiety and depression without focusing on these unique aspects of anger and aggression. These unique characteristics and their therapeutic implication will be discussed.

## **Learning Objectives:**

Participants will be able to:

1. Learn the psychosocial interventions that have empirical support for the treatment of anger and aggression.
2. Understand the characteristics of anger that are not presently included in the treatments of anger and aggression such as motivation for change, revenge, displaced aggression, and rumination.
3. Learn how to implement a comprehensive assessment and to develop a treatment plan based on the research literature in anger and aggression.
4. Learn to implement these cognitive and behavioral interventions.

**Ray DiGiuseppe** received his Ph.D. from Hofstra University in 1975. He was elected a fellow of APA divisions 12, 16, 29, 43. He has published extensively on anger and his works include *Understanding Anger Disorders* and the *Anger Disorders Scale* and the *Anger regulation and Expression Scale*. He is Professor of Psychology at St. John's University and Director of Education at the Albert Ellis Institute. He has served as president of the Association of Behavioral and Cognitive Therapies and the Society for the Advancement of Psychotherapy (Division 29 of the American Psychological Association).

## **Ray's Publications:**

ADST™ - Anger Disorders Scale by Raymond DiGiuseppe, Ph.D. Raymond Chip Tafrate, Ph.D. by MultiHealth Systems <https://www.mhs.com/product.aspx?gr=cli&prod=ads&id=overview>

[http://www.oxfordclinicalpsych.com/oso/viewbook/10.1093\\$002fmed:psych\\$002f9780195170795.001.0001\\$002fmed-9780195170795;jsessionid=BD523BA57E1A422DA241334B2F8D4098](http://www.oxfordclinicalpsych.com/oso/viewbook/10.1093$002fmed:psych$002f9780195170795.001.0001$002fmed-9780195170795;jsessionid=BD523BA57E1A422DA241334B2F8D4098)

**Title:** Terrorism at Home and Abroad: A Group Therapy Response

**Presenter:** Richard Beck, LCSW, BCD, CGP, FAGPA



**Description:** Acts of terrorism and their aftermath take a toll on both those who have endured the event as well as those clinicians who respond to it. This phenomenon is not unique to our generation although the culture of the internet has amplified the impact of such events around the world. This workshop will discuss contemporary terror from the perspective of how groups can begin to mediate the impact of acts of terror on lives touched by those events, taking into account the culture in which the event(s) occurred.

**Learning Objectives:**

Participants will be able to:

1. Identify four countertransference reactions that occur while working with terrorism.
2. Evaluate the efficacy of using the modality of group therapy after terrorism.
3. Develop self-care strategies after identifying three possible tolls on the clinician working with terrorism.

**Richard Beck, LCSW, BCD, CGP, FAGPA** is an avid fisherman, photographer and chef and is also currently Vice-President of the International Association for Group Psychotherapy and Group Process (IAGP) and Chair of the IAGP Task Force for Trauma/ Disaster Management.

Richard is a Past-President of the Eastern Group Psychotherapy Society; a former Board Member of the American Group Psychotherapy Association; a Lecturer at Columbia University School of Social Work where he is currently teaching Treatment of Childhood Sexual Abuse; Lecturer of Social Work in Psychiatry (Voluntary) Weill Cornell Medicine; Professional Associate (Psychiatry)- Social Work - New York Presbyterian Hospital.

**References:**

Beck, R. 2016. "Only the Lonely: Trauma and Group Identity" in 101 Interventions in Group Psychotherapy., 2nd Edition. Routledge: New York and London

Beck, R., 2012 Care for the Caregiver. John Wiley & Sons, Ltd: West Sussex, UK

Beck R., Bergmann, U., Broden, A., Buchele, B., Danieli, Y.. and Rauch, E. , 2008 AGPA Trauma Protocol, Lessons Learned in Group Strategies for Survivors, Witnesses and Family Members. AGPA: New York

Beck, R., 2005 AGPA Trauma Treatment Module, "The Unique Benefit of Group Treatment of Trauma". AGPA. New York

Beck, R and Buchele, B 2005 "In the Belly of the Beast: Traumatic Countertransference", International Journal of Group Psychotherapy, 51,1.

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**Title:** Challenging Everyday Sexism and Violence Against Girls in Schools

**Presenter:** Eliza A. Dragowski, Ph.D.



**Description:** In this presentation, we will consider how societal maintenance and veneration of hegemonic masculinity contributes to cultural norms that support inequality and violence against women. Particularly, we will explore how this gender dynamic support harassment and violence directed at girls in schools. We will reflect on implicit gender biases standing in the way of protecting and empowering girls, and review practical solutions that can contribute to more peaceful, equitable, and compassionate school communities.

**Learning Objectives:**

Participants will be able to:

1. Identify three masculinity norms that provide framework for school violence
2. Recognize how implicit gender bias among educators and mental health providers contributes to endurance of violence against girls in schools
3. Name three programs/intervention strategies designed to protect, educate, and empower girls, with special attention to girls who are also vulnerable to oppression based on other intersecting identities (including race, ethnicity, socio-economic standing).

**Eliza A. Dragowski, Ph.D.** is an Associate Professor in the School Psychologist Graduate Program at Brooklyn College, City University of New York. Professor Dragowski's research interests revolve around issues of social justice in education, with special attention to gender and sexual identity. She is dedicated to training school psychologists who understand and actively challenge the structural inequity, and who work to enhance educational and socio-emotional possibilities for all students and their communities.

**References:**

Dragowski, E.A., & Scharrón-del Río, M.R. (2014). The importance of challenging hegemonic masculinity in preventing school violence. *School Psychology Forum*, 8(1), 10-27.

Ellis, J., & Thiara, Ravi K. (2014). *Preventing violence against women and girls: Educational work with children and young people*. Bristol, UK; Chicago, IL, USA: Policy Press.

Jewkes, R., Flood, M., & Lang, J. (2015). From work with men and boys to changes of social norms and reduction of inequities in gender relations: a conceptual shift in prevention of violence against women and girls. *Lancet*, 18;385(9977), 1589-1589.

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**REGISTRATION FORM****DEADLINE: MARCH 31, 2017****Name:** \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Telephone #: \_\_\_\_\_

**\$70.00 for WCPA and WGPS members****\$85.00 for non-members****\$25.00 for NY Presbyterian Staff and Students**

4 CE Credits are available to psychologists for this program\*

6 CE Credits are available to social workers for this program\*

CE credit: Yes [  ] No [  ]

Amount Enclosed: \_\_\_\_\_

WCPA Member \_\_\_\_\_

WGPS Member \_\_\_\_\_

NY Presbyterian Staff \_\_\_\_\_

Non-Member \_\_\_\_\_

Student \_\_\_\_\_

Please note that a \$10.00 will be assessed for cancellations within five days of the program.

To register online: <http://www.westchesterpsych.org/eventregistration.html>To pay for this presentation online: <http://www.westchesterpsych.org/payviolencepresentation.html>

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Ψ **THE CLINICAL DIVISION OF THE WESTCHESTER COUNTY PSYCHOLOGICAL ASSOCIATION**

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\* The Westchester Center for Psychological Education (WCPE) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Westchester Center for Psychological Education maintains responsibility for this program and its content.

Westchester Group Psychotherapy Society (WGPS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers # 0310.