



Westchester County Psychological Association

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WESTCHESTER GROUP PSYCHOTHERAPY INFORMATION EXCHANGE

Compiled by Gloria Batkin Kahn, Ed.D., ABPP

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<u>Psychologist, Social Worker, Psychiatrist</u>	<u>Type of Group</u>	<u>Location & Telephone</u>
Trish Dayan, MSW, CGP, AGPA	(1, 2) Long-term psychotherapy process-oriented; coed; ages 30-75 (3) Young adult psychotherapy; coed; ages 19-30	Stamford, CT 203-329-9121
Jo Hariton, Ph.D., CGP, AGPA	(1) Social skills/emotional regulation using "Secret Agent Society" programs; coed; ages 8-12 (2) Social skills group; girls; ages 7 & 8. (3) Group for teens; coed (4) Parenting for parents with a child on the spectrum.	White Plains 914-997-5957
Gloria Batkin Kahn, Ed.D., ABPP, CGP, FAGPA	(1,2,3) Relationally-focused, high functioning issues of self in relationships at home and work. Utilizing elements of interpersonal Imago, self-psychological, cognitive, psychodynamic orientation.	White Plains 914-428-0957
Jennie Kramer, LCSW, AGPA	(1, 2) Binge/emotional/compulsive overeating; women; ages 35-65 (3, 4) Anorexia/bulimia skills and support; coed; ages 18-40	Scarsdale 914-723-6242
Leo Leiderman, Psy.D., ABPP, CGP, FAGPA	(1) High functioning professionals. Interpersonal psychotherapy focusing on marital, family, occupational issues. (2) Medium-high functioning and interpersonal psychology focusing on relationship, occupational and family issues. (3) Professional process group: Participants share experiences and receive feedback from other mental health clinicians.	Purchase 914-481-8422
Michelle Maidenberg, Ph.D., LCSW, MPH, CGP, AGPA	Young adult, college age group; coed; ages 18-35	Harrison 917-609-1538
Robert Milich, Ph.D. AGPA	Nine (9) groups weekly organized according to grade, age and level of functioning include: (1) Groups for elementary school-age boys focus on friend-making and friend-keeping skills.. (2) Middle school and high school; coed; age appropriate concerns and acquisition of skills to connect appropriately with peers. Middle-school and high school boys acquisition skills to connect effectively with peers.	Croton-on-Hudson 914-271-5326

Psychologist, Social Worker, Psychiatrist	Type of Group	Location & Telephone
Margaret Postlewaite, Ph.D. CGP, AGPA	(1) Women in transition; ages 50+ (2) Interpersonal, psychodynamics; coed; ages 40+ (3) Consultation groups for senior group therapists, meets once/month Wednesdays 10:30 a.m. to 12:00 p.m. (4) Interpersonally-oriented, goal-focused, time limited group for 15 sessions, 3 times monthly.	White Plains 914-428-4245
Heather Brandt Robins, Psy.D.	(1) Social skills; coed; 2 nd & 3 rd grades (2) Social skills; coed, 4 th & 5 th grades (3) Social skills; coed; middle school	Scarsdale 914-725-5654
Deborah Saunders, LCSW, CGP, AGPA	(1) Parenting; coed (2) Midlife transition for women; ages 45+	Mt. Kisco 914-471-3183
Peter Taylor, Ph.D., CGP, AGPA	(1) Gay men's group; ages 25-65 (2) Mind-Body Training Group; ages 40-70	Briarcliff Manor 914-944-0035 New York City 212-496-9310
Adam Weissman, Ph.D.	(1) Social anxiety, mastering skills for success, CBT; coed; ages 7-10. (2) Social confidence and skills, CBT; coed; ages 11-13 (3) Social confidence and skills, CBT; coed; ages 14-17 (4) Social confidence and skills, CBT; coed; ages 18-25	Scarsdale 914-439-5759

CGP = Certified Group Psychotherapist

AGPA = Members of the American Group Psychotherapy Association

FAGPA = Fellow of the American Group Psychotherapy Association.

DFAGPA = Distinguished Fellow of the American Group Psychotherapy Association

This listing is a public service of the Westchester County Psychological Association. The listing includes only mental health professionals who are licensed to practice their profession by the State of New York and who carry professional liability insurance. Inclusion in the listing does not imply a recommendation, endorsement or statement of quality from the Westchester County Psychological Association.