

Westchester Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

www.wgps.org

Announces a Special Workshop by:

Gloria Batkin Kahn, EdD, ABPP, CGP, FAGPA

on

Utilizing Relationship-Focused Group Therapy to Aide in Working with Difficult Couples

Gloria Batkin Kahn, EdD, ABPP, CGP, FAGPA, is a Past President of the American Board of Group Psychology, of the Westchester County Psychological Association, and of the Westchester Group Psychotherapy Society. She frequently presents workshops both nationally and internationally and is the author of numerous articles and book chapters and has been published in the International Journal of Group Psychology. She maintains a private practice in White Plains where she works with group, couples, individual adults and adolescents.

Date: December 11, 2015
Time: 12 noon to 2pm
Location: Westchester Medical Center
Behavioral Health Center Room B
304 (Third Floor) Valhalla, NY

\$25 Non-Members
\$15 Students or New Professionals Free
for WGPS Members

Scholarships Available
**Lunch Included

Description: This workshop will discuss and demonstrate how current innovations from interpersonal neurobiology and imago theory can be integrated into group therapy, creating transformational energy in couples and in group.

Learning Objectives:

Participants will be able to:

1. Describe two ways that group therapy can create secure attachments and thus foster neuroplasticity.
2. State three rules to provide non attacking communication, thus minimizing autonomic reactivity in the other.
3. Cite the role of the prefrontal lobes in managing emotional reactivity.

Reservations: Contact: Dr. Gloria Batkin Kahn at (914) 428-0957 or globatkahn@gmail.com