

Westchester Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

www.wgps.org

Announces a Special Workshop by:

Rebecca G. Walkley, NCC, LMHC, CGP

on

Creating Safety in Group:

Moving Through Traumatic Bereavement

Rebecca Walkley is a Licensed Mental Health Counselor maintaining a private practice in Mount Kisco and Cross River, NY. She is a Certified Group Psychotherapist, a certified EMDR therapist, and a Somatic Experiencing® (SE) student. She readily integrates both forms of therapy, SE and EMDR when treating trauma and addiction.

Date: November 7, 2014
Time: 12 noon to 2pm
Location: Westchester Medical Center
Behavioral Health Center
Room B 304 (Third Floor)
Valhalla, NY

\$25 Non-Members
\$15 Students or New Professionals
Free for WGPS Members

Scholarships Available
**Lunch Included

Safety in group is a basic essential for group work. This workshop will describe three layers of safety: the group leader, other members, and with self. Specific methods of creating safety for each layer will be discussed within the context of group treatment for traumatic bereavement. Safety in group is a basic essential for group work. This workshop will describe three layers of safety: the group leader, other members, and with self. Specific methods of creating safety for each layer will be discussed within the context of group treatment for traumatic bereavement.

Learning Objectives:

Participants will be able to:

1. Recognize the symptoms of traumatic bereavement resulting from loss by suicide, homicide, and accidental death as complex PTSD.
2. Identify three layers of safety necessary for effective group therapy.
3. Describe specific methods of creating safety within each layer of safety.

Reservations: Contact: Dr. Gloria Batkin Kahn
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