Rebecca Walkley is a Licensed Mental Health Counselor maintaining a private practice in Mount Kisco and Cross River, NY. She is a Certified Group Psychotherapist, a certified EMDR therapist, and a Somatic Experiencing® (SE) student. She readily integrates both forms of therapy, SE and EMDR when treating trauma and addiction.

**Date:** November 7, 2014  
**Time:** 12 noon to 2pm  
**Location:** Westchester Medical Center  
Behavioral Health Center  
Room B 304 (Third Floor)  
Valhalla, NY

Safety in group is a basic essential for group work. This workshop will describe three layers of safety: the group leader, other members, and with self. Specific methods of creating safety for each layer will be discussed within the context of group treatment for traumatic bereavement. Safety in group is a basic essential for group work. This workshop will describe three layers of safety: the group leader, other members, and with self. Specific methods of creating safety for each layer will be discussed within the context of group treatment for traumatic bereavement.

**Learning Objectives:**  
Participants will be able to:

1. Recognize the symptoms of traumatic bereavement resulting from loss by suicide, homicide, and accidental death as complex PTSD.  
2. Identify three layers of safety necessary for effective group therapy.  
3. Describe specific methods of creating safety within each layer of safety.

**Reservations:**  
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