

Westchester Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

www.wgps.org

Westchester Group Psychotherapy Society (WGPS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers # 0310.

Announces a Special Workshop by:

Mary W. Nicholas, LCSW, Ph.D., CGP, FAGPA

on

"Not Again! Why People Repeat Relationships with Abusive Partners and How Group Therapy Can Help"

Friday, October 27, 2017

12:00 noon to 2:00 pm

hosted by

┌ NewYork-Presbyterian
└ Westchester Division

Center Conference Room A, Main Building
21 Bloomingdale Road, White Plains, NY 10605
(This is a handicap accessible facility.)

Presenter:

Mary Nicholas, is a Licensed Clinical Social Worker with a PhD in Clinical Psychology, a Certified Group Practitioner, and was a Clinical Instructor in Psychiatry at the Yale School of Medicine. Dr. Nicholas has been in private practice in New Haven, CT since 1980, where she conducts several weekly therapy groups, as well as group therapy training, individual, couples and family therapy. She has presented nationally and is the author of *Change in the Context of Group Therapy* (1984) as well as numerous articles on group therapy, including one on the topic of this workshop, in the *International Journal of Group Psychotherapy*, July 2013.

Description:

Why does a person choose to stay or repeatedly re-engage with romantic partners who are highly abusive, even when leaving would not be physically or economically dangerous? A brief didactic presentation on theories of the repetition compulsion will be followed by a group discussion of cases from the leader's and participants' groups. We will explore how the processes of within-group enactment and attachment can help a group member divest him or herself from such problematic bonds, while opening up to healthier and exciting relationship alternatives.

Learning Objectives:

Participants will be able to:

1. Participants will be able to cite at least two theories that attempt to explain the repetition compulsion.
2. Participants will be able to identify at least three things the group therapist should *not* do when working with clients stuck in abusive relationships.
3. Participants will be able to describe what an "enactment" is in group therapy and articulate how the enactment can be useful in helping the patient who is stuck in an abusive relationship.
4. Participants will be able to list five ways in which attachment skills are absorbed by the patient in the process of effective group therapy.

Reservations:

Contact: Dr. Gloria Batkin Kahn at (914) 428-0957 or globatkahn@gmail.com

\$25 Non-Members

\$15 Students or New Professionals

\$15 for NYPH Employees

Free for WGPS Members

Scholarships Available **Lunch Included

2 Contact Hour/CE credits are available to LMSWs and LCSWs upon completion of registration, attendance to entire workshop, license presentation, and payment. Course evaluation will occur from 2:00pm-2:15pm.