

Westchester Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

www.wgps.org

Announces a Special Workshop by:

Robert Pepper, PhD

on

Emotional Incest in Group Psychotherapy---A Conspiracy of Silence

Robert S. Pepper, LCSW, PhD, CGP is the Director of education and training at the Long Island Institute for Mental Health in Rego Park, NY. He is also an adjunct professor of behavioral science at the New York Institute of Technology in Manhattan, NY. Dr. Pepper is the author of numerous articles on ethics and boundaries in psychotherapy and has lectured across the country on this topic. He is in private practice in Forest Hills, NY where he runs six (6) weekly transference groups.

Date: October 30, 2015
Time: 12 noon to 2pm
Location: Westchester Medical Center
Behavioral Health Center Room B
304 (Third Floor) Valhalla, NY

\$25 Non-Members
\$15 Students or New Professionals Free
for WGPS Members

Scholarships Available
**Lunch Included

Description: Altering the frame of analytic group treatment always has consequences. While boundary crossings are not inherently boundary violations, they may still be problematic. There are at least eight (8) potential dangers of blurred boundaries between therapy and not therapy that may lead to iatrogenic treatment reactions:

1. Beaches of Confidentiality
2. Looping
3. The double-bind
4. The pass along effect or "Dumping"
5. Gaslighting
6. The "Emperor's New Clothes" effect
7. Over-stimulation
8. Scapegoating

The potential harm of interpreting as transference and resistance all group members' negative treatment reactions will be addressed. The presentation will be divided into three parts:

1. A brief lecture on the clinical and the clinical implications of blurred boundaries in group psychotherapy
2. A brief demonstration group on confidentiality in group psychotherapy
3. The main section of the meeting will be an interactive group discussion of the participants' feelings, thoughts and reactions that have been engendered by the material.

Learning Objectives:

Participants will be able to:

1. Identify the eight (8) potential dangers of blurred boundaries.
2. Distinguish between boundary crossings and boundary violations.
3. Analyze the symptoms of iatrogenic treatment reactions--anxiety and depression that are directly related to the treatment.

Reservations: Contact: Dr. Gloria Batkin Kahn at (914) 428-0957 or globatkahn@gmail.com