

Westchester Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

www.wgps.org

Announces a Special Workshop by:

Kenneth M. Pollock, Ph.D., CGP

on

Translating Theory into Interventions in Group Psychotherapy

Dr. Pollock, clinical psychologist and psychoanalyst, has been Director of Group Psychotherapy Training in the Psychiatric Residency program at New York Medical College, Westchester Medical Center for the past 15 years. He spends most of his time working with couples who have sexual problems as well as conducting psychotherapy groups.

Date: October 10, 2014
Time: 12 noon to 2pm
Location: Westchester Medical Center
Behavioral Health Center
Room B 304 (Third Floor)
Valhalla, NY

\$25 Non-Members
\$15 Students or New Professionals
Free for WGPS Members

Scholarships Available
**Lunch Included

This program will illustrate one approach to help therapists expand their repertoire of what can be accomplished in groups. Following a short theoretical presentation, a demonstration group will be conducted in a “fishbowl” during which the facilitator will employ interventions aimed specifically at utilizing the unique properties of groups. Those observing the demonstration will employ an observational instrument that will help focus their attention on the ways the facilitator makes the translation between theory and intervention. A discussion will follow.

Learning Objectives:

Participants will be able to:

1. Identify at least three properties of group therapy that differ significantly from individual psychotherapy.
2. Provide three specific examples of group interventions directly aimed at taking advantage of each of three unique properties of group psychotherapy.
3. Explain two ways to link theory and intervention in group psychotherapy.

Reservations: Contact: Dr. Gloria Batkin Kahn
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