

Westchester Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

www.wgps.org

Westchester Group Psychotherapy Society (WGPS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers # 0310.

Announces a Special Workshop by:

Kerin Nadler, ICAT and Simon Bresler, LMSW

on

“Where the Wild Things Are: Finding our “Other” in Group”

Friday, September 27, 2019

12:00 noon to 2:15 pm

hosted by

**┌ NewYork-Presbyterian
└ Westchester Division**

STAFF ANNEX 2

21 Bloomingdale Road, White Plains, NY 10605

(This is a handicap accessible facility.)

Presenter:

Kerin Nadler will be completing her fourth and final year of psychoanalytic training this coming spring at the Institute for Contemporary Psychotherapy. As a Licensed Creative Arts therapist at Mt. Sinai Hospital, Kerin was selected by the director of the Medical School to teach medical students and psychiatric residents “The Importance of Group Psychotherapy on Inpatient Units,” which is an ongoing monthly training. Kerin also leads a yearly advanced group therapy skills training for psychiatric residents in their fourth year of residency. Kerin is also a supervisor for Pratt students receiving their Master’s Degree in Dance/Movement Therapy.

Simon Bresler is a bilingual psychotherapist and social worker who has been working in outpatient mental health since 2012. He currently works for the not for profit organization Family Services of Westchester, where in addition to providing individual therapy, he runs two psychodynamic process groups for underserved young adults. Simon is passionate about working with emotions, thinking systemically, and sharing the healing power of group psychotherapy. He is trained in Internal Family Systems Therapy (IFS), Accelerated Experiential Dynamic Psychotherapy (AEDP), and has applied to be a Certified Group Psychotherapist.

Description:

In intimate and polarized spaces we take refuge in our affiliations, overestimate our differences, and live in the comfort of our narratives. This workshop explores the ways that we (dis)engage with and identify as the “other,” both intrapsychically and interpersonally, and how we can communicate more authentically to deepen connections.

Learning Objectives:

Participants will be able to:

1. Explore who/what is the “Other,” and where it may be located.
2. Recognize and identify signs that “Othering” is occurring.
3. Identify seven leadership skills to address “Othering.”
4. Define three aspects of healthy “othering.”
5. Practice tolerating experiences that may be uncomfortable in clinical work.

Reservations:

Contact: Dr. Gloria Batkin Kahn at (914) 428-0957 or globatkahn@gmail.com

\$40 Non-Members

\$15 Students or New Professionals

\$15 for NYPH Employees

Free for WGPS Members

Scholarships Available **Lunch Included

2 Contact Hour/CE credits are available to LMSWs and LCSWs upon completion of registration, attendance to entire workshop, license presentation, and payment. Course evaluation will occur from 2:00pm-2:15pm.