

# Westchester Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

[www.wgps.org](http://www.wgps.org)

Westchester Group Psychotherapy Society (WGPS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers # 0310.

**Announces a Special Workshop by:**

**Jean Seibel, MA, LCAT, BC-DMT**

on

**“Grounding Therapeutic Work in the Language of the Body”**

**Friday, September 15, 2017**

12:00 noon to 2:00 pm

hosted by

**┌ New York-Presbyterian  
└ Westchester Division**

STAFF ANNEX 2

21 Bloomingdale Road, White Plains, NY 10605

(This is a handicap accessible facility.)

## **Presenter:**

Jean Seibel, LCAT, BC-DMT is a Licensed Creative Arts Therapist (LCAT) and Board Certified Dance/Movement Therapist with over 30 years of clinical and teaching experience. Currently, Jean is a supervising dance /movement therapist at Jacobi Medical Center in the north Bronx where she works with adults who have been diagnosed with mental illness and/or substance abuse disorders. In addition to her work at Jacobi, Jean teaches and presents nationally and internationally in the growing field of body psychotherapy and has published articles in the American Journal of the ADTA, including “Behind the Gates: Dance/Movement Therapy in a Women’s Prison”. Jean maintains a private clinical practice in Briarcliff Manor, NY.

## **Description:**

Successful therapy requires a working knowledge by the therapist that our body selves are an inherent part of the communication process. Discover how words arising from the body serve to integrate thoughts and feelings into a sense of a cohesive self. In this workshop therapists will gain tools to help patients make the bridge between the body’s felt sense of self and the verbal cognitive self.

## **Learning Objectives:**

Participants will be able to:

1. Describe three ways in which body empathy is felt.
2. State two ways in which moving in tune with others enhances group process.
3. List two ways in which expressive movement enriches verbal processing.
4. Note two ways that our bodies inform us about our patients.

## **Reservations:**

Contact:

Dr. Gloria Batkin Kahn at (914) 428-0957 or [globatkahn@gmail.com](mailto:globatkahn@gmail.com)

\$25 Non-Members

\$15 Students or New Professionals

\$15 for NYPH Employees

Free for WGPS Members

Scholarships Available \*\*Lunch Included

2 Contact Hour/CE credits are available to LMSWs and LCSWs upon completion of registration, attendance to entire workshop, license presentation, and payment. Course evaluation will occur from 2:00pm-2:15pm.