

# Westchester Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

[www.wgps.org](http://www.wgps.org)

Westchester Group Psychotherapy Society (WGPS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers # 0310.

## Announces a Special Workshop by:

Ineke van Rijsselberg

on

**“Haptotherapy: A Unique European Tactile Practice”**

**Friday, April 12, 2019**

12:00 noon to 2:30 pm

hosted by

**— New York-Presbyterian  
— Westchester Division**

STAFF ANNEX 2

21 Bloomingdale Road, White Plains, NY 10605

(This is a handicap accessible facility.)

### Presenter:

Ineke van Rijsselberg is a haptotherapist in private practice in Heemstede (medical center) the Netherlands, with almost 20 years of experience in the field of haptonomy and haptotherapy. Before she was a movement therapist and dance teacher and got a grant to study dance/movement therapy in New York. She worked with groups in diverse settings. From 2006 until 2010 she followed master classes with the founder of haptonomy and haptotherapy in the South of France. She is trained in haptonomic couples therapy, and the haptonomic accompaniment of pregnancies. She was coauthor of the book *Haptotherapie en Burnout* (in Dutch), and writer of the article *Haptotherapy and Burnout*. Since 2014 she is editor of the International Journal of Haptonomy and Haptotherapy (IJHH - website: [www.ijhh.org](http://www.ijhh.org)).

### Description:

This workshop explores the world of tactile sensations within ourselves and within a group. Our highly intellectualized world makes strong demands on our cognitive selves at the expense of our sense of touch. We often don't realize the benefits of integrating touch in therapy. Haptonomy and Haptotherapy, developed in Europe, bridge this gap.

### Learning Objectives:

Participants will be able to:

1. Note three important phenomena associated with touch.
2. Experience two important exercises for the understanding and feeling of the place in your body where you carry yourself and find your basic trust.
3. Create two positive experiences integrating tactile experiences in group therapy.

### Reservations:

Contact: Dr. Gloria Batkin Kahn at (914) 428-0957 or [globatkahn@gmail.com](mailto:globatkahn@gmail.com)

\$25 Non-Members

\$15 Students or New Professionals

\$15 for NYPH Employees

Free for WGPS Members

Scholarships Available \*\*Lunch Included

2 Contact Hour/CE credits are available to LMSWs and LCSWs upon completion of registration, attendance to entire workshop, license presentation, and payment. Course evaluation will occur from 2:30pm-2:45pm.