

Westchester Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

www.wgps.org

Westchester Group Psychotherapy Society (WGPS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers # 0310.

Announces a Special Workshop by:

Roberta Rachel Omin, LCSW

on

“When the Group Therapist Becomes the Medical Patient: Courageously Engaging with Illness and Mortality”

Friday, March 29, 2019

12:00 noon to 2:30 pm

hosted by

**— New York-Presbyterian
— Westchester Division**

STAFF ANNEX 2

21 Bloomingdale Road, White Plains, NY 10605

(This is a handicap accessible facility.)

Presenter:

Roberta Rachel Omin, LCSW specializes in treating individuals, couples and families who have special needs including chronic, acute, or life-threatening illnesses. Roberta is certified in Internal Family Systems (IFS) and Intimacy from the Inside Out (IFIO) and in Gestalt Therapy. Roberta has been in private practice in Ossining and White Plains, New York since 1985. She is past Co-President of the Westchester Chapter of the New York State Society of Clinical Social Workers.

Description:

This workshop will focus on how to attend to our own experience with illness while staying aware of our own role as therapist. Through an experiential exercise, video interviews, group participation and didactic teaching we will grapple with the broad range of issues concerning self-disclosure/non-disclosure in the group therapy setting, and how that impacts the therapist as well as the client. Principles of Contextual Self-Led Disclosure will be discussed.

Learning Objectives:

Participants will be able to:

1. Hold the significance of self-awareness and self-care while coping with one's own vulnerabilities with an illness or mortality.
2. Name 5 internal beliefs that guide how therapists deal with their illness in their professional lives.
3. Explore 3 issues that make the group therapy experience different than individual therapy when the therapist is dealing with their illness and/or mortality.
4. Identify the 4 Principles of Contextual Self-Led Disclosure.

Reservations:

Contact:

Dr. Gloria Batkin Kahn at (914) 428-0957 or globatkahn@gmail.com

\$25 Non-Members

\$15 Students or New Professionals

\$15 for NYPH Employees

Free for WGPS Members

Scholarships Available **Lunch Included

2 Contact Hour/CE credits are available to LMSWs and LCSWs upon completion of registration, attendance to entire workshop, license presentation, and payment. Course evaluation will occur from 2:30pm-2:45pm.