Westchester Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

www.wgps.org

Westchester Group Psychotherapy Society (WGPS) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers # 0310.

Announces a Special Workshop by:

Kenneth Reinhard, PhD, ABPP, CGP and Leo Leiderman, PsyD, ABPP, CGP

on

The Impact Of Utilizing Group Therapy When Working Through PTSD And Developmental Trauma

Presenters:
Kenneth E. Reinhard, PhD, ABPP, CGP is a board certified clinical Psychologist who has directed an outpatient group therapy program treating combat veterans for the last 35 years. In addition he has conducted a private practice specializing in anxiety disorders and depression with emphasis on acute trauma and PTSD. He is currently President, Westchester County Psychological Association, Assistant Professor of Psychiatry and Behavioral Sciences, New York Medical College and past president of WGPS.
Leo Leiderman, PsyD, ABPP, CGP, FAGPA is the director of Neurofeedback & Psychological Services using QEEG brain mapping, neurofeedback and psychotherapy to alleviate cognitive, behavioral and emotional issues. He is board certified in clinical psychology, and is a certified group psychotherapist and fellow of AGPA. With over 25 years of providing and supervising psychotherapy groups, he has run yearly day-long, two day long marathon groups in his private practice since 1997.

Date: March 25, 2016
Time: 12 noon to 2pm
Location: Westchester Medical Center
          Behavioral Health Center Room B
          304 (Third Floor) Valhalla, NY

Description:
Group therapy can be effective with individuals with PTSD and developmental trauma who re-experience physiological and emotional symptoms. Fear based trauma symptoms are demonstrated in diverse ways by group members from overt terror and rage to a chronic low-level fear that permeates all functions. This workshop will focus on identifying, addressing and working through trauma symptoms using a group therapy modality. PTSD will be defined and differentiated from developmental trauma. Presenters will also co- facilitate a demo, experiential group.

Learning Objectives:
Participants will be able to:

1. Explain at least three PTSD and developmental trauma symptoms as they occur in groups.
2. Describe at least three group therapy interventions geared at resolving trauma related symptoms.
3. Discuss countertransference reenactments and apply for its role in group leadership while treating those with developmental trauma.

Reservations: Contact: Dr. Gloria Batkin Kahn at (914) 428-0957 or globatkahn@gmail.com

$40 Non-Members
$15 Students or New Professionals
Free for WGPS Members
2 Contact Hour/CE credits are available to LMSWs and LCSWs upon completion of registration, attendance to entire workshop, license presentation, and payment. Course evaluation will occur from 2:00pm-2:15pm.
Scholarships Available **Lunch Included