

Westchester Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

www.wgps.org

Announces a Special Workshop by:

Heidi Landis, RDT-BCT, LCAT, TEP, CGP

on

Playing the Unspeakable: Story and Drama in Group Process

Heidi Landis, RDT-BCT, LCAT, TEP, CGP is a Registered Drama Therapist (RDT), Licensed Creative Arts Therapist (LCAT), Trainer Educator and Practitioner of Psychodrama (TEP) and Certified Group Psychotherapist. As Associate Executive Director at Creative Alternatives of New York (CANY), Heidi runs a variety of Trauma-Informed Drama Therapy groups with many different populations including refugee children and adults, adults the autistic spectrum and youth in residential settings and therapeutic schools. Heidi is the lead trainer at CANY and facilitates CANY's Learning Collaborative and trainings in New York City, nationally and internationally. In addition, Heidi is the Drama Therapy Liaison at the Psychodrama and Creative Arts Therapy Institute in NYC and is in private practice. Heidi is an adjunct professor at The College of New Rochelle, frequent guest lecturer at New York University and has presented workshops and classes at many national conferences and institutes. She is the Education Chair of the North American Drama Therapy Association and serves on the Executive Council of the American Society of Group Psychotherapy and Psychodrama.

Date: January 24, 2014
Time: 12 noon to 2pm
Location: Westchester Medical Center
Behavioral Health Center
Room B 304 (Third Floor)
Valhalla, NY

\$25 Non-Members
\$15 Students or New Professionals
Free for WGPS Members

Scholarships Available
**Lunch Included

This experiential workshop will explore how using metaphor and play can help clients find their voice and their story. Participants will have a chance to explore their own creativity and spontaneity as well as learn hands-on exercises to use in group therapy settings.

Learning Objectives:

Participants will:

1. Understand the value of using forms of creative self-expression for healing, personal work and professional work.
2. Understand how metaphor can be used as a container in the group therapy process
3. Leave with usable creative techniques for use in groups

Reservations: Contact: Dr. Gloria Batkin Kahn
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