



WGPS MEMBER NEWSLETTER

LETTER FROM THE PRESIDENT

Winter 2011

Dear WGPS Member:

Welcome to your Westchester Group Psychotherapy Society's Newsletter!!

I am very excited to have the opportunity to serve WGPS over the next two years as president, continuing the outstanding contributions of our past presidents and Board of Directors. All of us are dedicated to providing our members and attendees to our programs with relevant and engaging topics for those who are group psychotherapy providers.

For years WGPS has strived to provide ample opportunities for connecting, networking and interacting with colleagues during our meetings. WGPS meetings have a warm and supportive atmosphere for group therapists and those aspiring to start groups. The new WGPS Newsletter will extend our opportunities for sharing both professional and personal information.

Our Board of Directors would also like to share our BOD's minutes from our meetings to provide our members with a greater understanding of our organization and our goal of serving our membership as best as possible.

All of our members are encouraged to contact me directly on behalf of our Board of Directors with any concerns, questions or feedback in terms of enhancing our programs and organization.

I look forward to a wonderful year together.

Sincerely,

Leo

Leo Leiderman, PsyD, ABPP, CGP
President, Westchester Group Psychotherapy Society
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WINTER NEWS

- Rebecca Walkley, MS is currently assisting in research at Montefiore Medical Center, Department of Psychiatry in the Bronx, NY with a focus on Dissociative Disorders in conjunction with trauma, especially childhood sexual abuse, and correlate to suicidal behaviors.
- Carol Dallinga, LCSW and Dr. Judith S. Levy are starting two CBT women's groups for reducing anxiety for self-pay patients. Contact Carol Dallinga at caroldallinga@optonline.net with questions.
- Dr. Gloria Batkin Kahn recently published an article entitled "The integration of relationship focused group therapy with couples treatment" in the International Journal of Group Psychology, Vol. 67, pp. 519-536.
- Minutes from our last board meeting (for members only): http://wgps.org/membersonly/10.28.11_Minutes.pdf
- Personal events (for members only): Link will be available soon.

NEWS DIGEST

- "Complicated Grief and Adjunctive Therapies DBT and EMDR: A Case Presentation" Westchester Chapter of the New York Mental Health Counselors Association (NYMHCA) at Iona College Campus on January 9, 2012, 7-8 PM. Contact Rebecca Walkley, MS at Rebecca.Walkley@gmail.com or (914)262-6320 with questions.
- "No Airmen Left Behind- Support After a Loss by Suicide" Air National Guard Psychological Health Program, Weekend Workshop, February 2012. This event is not open to the public. Contact Rebecca Walkley, MS at Rebecca.Walkley@gmail.com or (914)262-6320 with questions.
- Dr. Gloria Batkin Kahn is presenting on "Relationship-Focused Group Therapy: Common Ground for Interpersonal Neurobiology, Attachment Theory, Imago Couples Therapy and Group Therapy" at an upcoming NYSPA sponsored event on Dec. 11th along with several other group therapists who specialize in couples work.
- The following WGPS members will be presenting at AGPA's annual conference in March: Gloria Batkin Kahn and others on "Self Experiences in Group—Revisited: Affective Attachments and Intersubjective Regulations," Joan Koenig, RN, MA, Kenneth Pollack, PhD and others on "Strong Group Foundations: Teaching Group Therapy Using Structured Exercises," Jo Hariton, PhD and Andrew Robins, PhD on "Social Skills Groups for Kids (Children and Adolescents) on the Spectrum," and Alexander Broden, MD and Michelle Maidenberg, PhD, MPH, LCSW-R on "Working Through Early Life Experiences: A Dynamic Approach to Modifying Interpersonal Adult Peer Relationships"

WGPS PROGRAMMING

- On January 27th Ilana D. Rosenberg, PhD will be presenting to WGPS on “Bullying: Using Group Treatment to Induce Awareness and Prevention”
- On March 30th Catherine Pearlman, PhD, LMSW will be presenting to WGPS on “Technology, Ethics, and Therapeutic Service Delivery”
- On May 11th Craig Haen, MA will be presenting to WGPS on “Group Therapy on the Edge: Adolescence, Creativity, and the Anti-Group”

To include your news in future quarterly newsletters, please e-mail Aviva Gaskill (AvivaGaskill@yahoo.com).

Please e-mail Kenneth Reinhard (Ken.Reinhard1@gmail.com) or Aviva Gaskill (AvivaGaskill@yahoo.com), Member Relations Chairs with any questions or concerns regarding the newsletter or WGPS.

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